

What a glorious healing I received while in Santa Fe, New Mexico at the Spasmodic Torticollis Recovery Clinic!!! Praise Be To God!!!

In March of 2009, I had a surgery to repair two herniated discs in my neck, C5, C6 and C6,C7. After the surgery, I developed a paralyzed vocal cord, Horner's Syndrome (affecting the eyes) and Spasmodic Torticollis. Not even one day, would I ever wish ST on my worst enemy. The excruciating pain was intolerable, and I was put on narcotic medications along with a strong muscle relaxer. Through the years, I would get Botox injections which would rarely work and would only last for two to three weeks at the most. I spent at least one entire day per week in bed just trying to get some kind of relief. I would lay in bed with my rosary in my hand and beg God to let me die. Had I not had such a belief in God that there was a reason behind this, I am sure I would have committed suicide. I truly believe God has a purpose for everything in our lives!

I had heard about the Spasmodic Torticollis Recovery Clinic through a friend early on in my illness. I had gone to the website, and knew I would never be able to afford to go. We live a long way from Santa Fe and, as you all know, riding in a car is one of the worst things we can go through. I knew we would have to fly. That would be another expense. Motel expenses, food, car rental; I could think of so many reasons why we could not go. I didn't want this burden on my shoulders also.

In January, through a very good friend of ours, we borrowed the money. Surprisingly, it was not as expensive as I first perceived. I did the Premier Program because I knew I needed all the help I could get. When we went to the airport, I needed a wheelchair to get onto the plane. We had a layover in

Denver, and I needed another wheelchair to board. By the time we landed, rented a car and drove from Albuquerque to Santa Fe, got checked in the motel, I was very glad that we had gone a day early.

Abbie had emailed me at the very beginning stating that she had a few problems from people that had surgically induced ST. There is a lot of scar tissue and adhesions, and I knew I had them all because of the pain I was going through. But Abbie was willing to help me as much as possible.

After the first day of class, I was beginning to wonder if there was ever going to be any help for me but Abbie taught me more that first day than I had ever learned from the seven neurologists in the last five year that I had seen.

The next morning, I told my husband who was with me, that I didn't understand it but I felt stronger. Because of my paralyzed vocal cord, I was unable to talk very well but somehow my voice seemed stronger also. We went to my class and Abbie said she was surprised that I came back after the workout the day before, but she was kidding. That day was also an intense workout but I seemed to be getting stronger with my neck and my voice.

By the third morning, we went to Abbie's and she could not believe how well I was doing. I was able to do all of the exercises without pain. By the fourth day, I was completely healed! Praise Be To God!!! And to Abbie!!

The last day was fun! We went to the pool and spa, and I thoroughly enjoyed doing the pool exercises and the Jacuzzi. My mouth was in a constant smile! I felt so good. Praise Be To God!

When my husband and I came home, I went to see my primary physician. He could not believe his eyes. I know that if he ever sees any patients with Spasmodic Torticollis, he will definitely send them Abbie's way. My physician is weaning me off of my medications slowly. Please remember, when you are on strong medications and even though you are feeling well, taper your medications slowly! I also continue to do my exercises, and I told my husband he has to build me an indoor pool (that probably won't happen). So remember if at all you are able to go to Abbie's please do it! If you can't afford it, borrow the money like we did if you can; it is well worth it! Abbie used to have a webinar program. I was not able to do that, because I was unable to talk. But I can talk now!!! Also, I did not need the wheelchair at the airport. They had one available for me, but I did not need it.

As of now, I am back to driving, which I had not done for five years. My daughter-in-law is expecting, and my new grandson will be born in July. I will actually get to hold and rock my new grandson. I would not have been able to do so previously -what a joy!!!

Thank you, thank you, my dear friend, Abbie! You are a true Faith Healer! God has blessed me and helped me, and He will continue to do so! God Bless You Abbie and the Spasmodic Recovery Clinic!!!

Connie Wells